



Cardiological Society  
of Northern Greece

# CARDIO MYOPATHIES

CURRENT KNOWLEDGE AND CHALLENGES  
FOR THE FUTURE



**04&05** JUNE

**Domes of Elounda Resort / ELOUNDA, CRETE, 2010**

IN COLLABORATION WITH

1st DEPARTMENT OF CARDIOLOGY,  
ARISTOTLE UNIVERSITY OF THESSALONIKI  
HELLENIC WORKING GROUP OF CARDIOMYOPATHIES  
AND PERICARDIAL DISEASES

ENDORSED BY THE ESC WORKING GROUP OF MYOCARDIAL  
AND PERICARDIAL DISEASES





## WELCOMING ADDRESS

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Dear colleagues and friends

Cardiomyopathies is a very challenging topic in clinical cardiology with significant progress in its understanding during the last decade. Apart from their clinical interest, they present as an important social issue, given that they are the leading cause of sudden death among adolescents and young adults, including trained athletes. Their rapidly evolving knowledge body, demands continuous education and familiarization with novel developments and techniques. This seminar serves the latter purpose. Its success is based on the participation of acknowledged scientists from all over Europe, who have formed current knowledge over of cardiomyopathies, and the contribution of esteemed colleagues from Greece specialized on the issue. Therefore we would be pleased to invite you to attend our congress.

With regards

**The Organizing Committee**

**Paraschos Geleris**

Professor of Cardiology / Greece

**Ioannis Ch. Styliadis**

Professor of Cardiology / Greece

**Georgios K. Efthimiadis**

Assistant Professor of Cardiology / Greece

**Antonis Pantazis**

Consultant Cardiologist / UK

## **BOARD OF CARDIOLOGICAL SOCIETY OF NORTHERN GREECE**

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## **ORGANIZING COMMITTEE**

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**Paraschos Geleris**

Professor of Cardiology / Greece

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**Georgios K. Efthimiadis**

Assistant Professor of Cardiology / Greece

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Consultant Cardiologist / UK

# FINAL PROGRAM

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FRIDAY, 4th JUNE

09:30 - 09:35 **Opening**

**Ioannis Ch. Styliadis**

09:35 - 11:20 **Session 1**

History and Clinical Presentation of Hypertrophic Cardiomyopathy

Chairpersons: **Franco Cecchi** / **Georgios Efthimiadis**

/ 50-y of history

/ **Perry Elliott**

/ Spectrum of the phenotype and natural history

/ **Juan Gimeno**

/ Role of imaging

/ Resting and dynamic echocardiography

/ **Alexandros Patrianakos**

/ MRI

/ **Georgios Spanos**

/ Insights from the cardiac catheterization?

/ **Stavros Hadjimiltiades**

/ Epidemiology and natural history in Northern Greece

/ **Georgios Efthimiadis**

**Discussion**

11:20 - 11:35 **Coffee Break**

# FINAL PROGRAM

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FRIDAY, 4th JUNE

## 11:35 - 12:40 Session 2

Ongoing Challenges in Hypertrophic Cardiomyopathy

Chairperson: **Perry Elliott**

/ Inheritance and genotype

/ **Eloisa Arbustini**

/ Systolic or diastolic function or something else?

/ **Nikolaos Mezilis**

/ Risk factors: traditional and emerging

/ **Aris Anastasakis**

### Discussion

## 12:40 - 14:00 Session 3

Metabolic Hypertrophic Cardiomyopathy

Chairperson: **Eloisa Arbustini**

/ Fabry's phenotype – how to suspect and diagnose

/ **Perry Elliott**

/ Treatment – is early treatment essential?

/ **Franco Cecchi**

/ Amyloid heart disease

/ **Claudio Rapezzi**

### Discussion

# FINAL PROGRAM

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FRIDAY, 4th JUNE

## 18:00 - 19:20 Session 4

Appropriate Treatment

Chairpersons: **Stavros Gavrielides, Panagiotis Spanos**

/ Medical management.

/ Is drug therapy enough?

/ **Vlassios Ninios**

/ Atrial fibrillation – management

/ **Vassilios Vassilikos**

/ What happens when drugs are not enough?

/ Alcohol septal ablation

/ **Angelos Rigopoulos**

/ Septal myectomy

/ **Antonis Pitsis**

**Discussion**

# FINAL PROGRAM

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**SATURDAY, 5th JUNE**

**09:30 - 10:30 Non – Compaction Session**

Chairperson: **Gaetano Thiene**

/ Genetic variability and phenotype

/ **Antonis Pantazis**

/ Clinical diagnosis and management

/ **Franco Cecchi**

**Discussion**

**10:30 - 11:45 DCM Session**

Chairpersons: **Claudio Rapezzi / Juan Gimeno**

/ Hereditary disease?

/ **Perry Elliott**

/ Phenotypes / subtypes

/ **Eloisa Arbustini**

/ Management and risk

/ **Gerasimos Filippatos**

**Discussion**

**11:45 - 12:00 Coffee Break**



# FINAL PROGRAM

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**SATURDAY, 5th JUNE**

## **12:00 - 13:40 ARVC Session**

Chairpersons: **Gaetano Thiene / Adalena Tsatsopoulou**

/ Developments in the diagnosis and clinical presentation

/ **Antonis Pantazis**

/ Genotype and ultrastructure

/ **Gaetano Thiene**

/ Family screening: diagnostic and prognostic value

/ **Nikolaos Protonotarios**

/ Risk stratification and management

/ **Aris Anastasakis**

## **Discussion**

## **13:40 - 14:40 Interesting cases**

Chairpersons: **Franco Cecchi / Perry Elliott**

## FACULTY AND SPEAKERS' LIST

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**A. Anastasakis** / Cardiologist, Inherited Cardiovascular Diseases Unit, Special Center for Athletes and Youth Heart, First Cardiology Department, University of Athens, Hippocraton Hospital, Athens

**E. Arbustini** / Direttore Centro Malattie Genetiche Cardiovascolari, Laboratorio di Diagnostica Molecolare, Patologia Cardiovascolare e dei Trapianti, IRCCS Policlinico San Matteo, Pavia Italy

**F. Cecchi** / Professor, Associato di Cardiologia, Università degli Studi di Firenze, Cardiologia First Dipartimento, Cuore e Vasi Azienda Ospedaliero Universitaria Careggi, Italy

**G. Efthimiadis** / Assistant Professor of Cardiology, Aristotle University of Thessaloniki, First Cardiology Department, AHEPA Hospital, Thessaloniki

**P. Elliott** / Honorary Consultant Cardiologist, Reader in Inherited Cardiac Disease, Department of Cardiology, The Heart Hospital, London, UK

**G. Filippatos** / Associate Professor of Cardiology, Second Cardiology Department, "Attikon" Hospital, Athens

**S. Gavielides** / Professor of Cardiology, Aristotle University of Thessaloniki, First Cardiology Department, AHEPA Hospital, Thessaloniki

**J. Gimeno** / Consultant Cardiologist, Cardiac Department, The Heart Hospital, Uclh Trust, London, UK

**S. Hadjimiltiades** / Assistant Professor of Cardiology, Aristotle University of Thessaloniki, First Cardiology Department, AHEPA Hospital, Thessaloniki

**N. Mezilis** / Interventional Cardiologist, "Saint Lukas" Clinic, Thessaloniki

**V. Ninios** / Cardiologist, "Saint Lukas" Clinic, Thessaloniki

## FACULTY AND SPEAKERS' LIST

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- A. Pantazis** / Cardiologist, Inherited Cardiovascular Diseases Unit, The Heart Hospital, London, UK
- A. Patrianakos** / Cardiologist, Cardiology Department, Heraklion University Hospital, Heraklion
- A. Pitsis** / Cardiothoracic Surgeon, Director of Cardiosurgery Department, "Saint Lukas" Clinic, Thessaloniki
- N. Protonotarios** / Cardiologist FESC, "Giannis Protonotarios" Medical Center, Naxos
- C. Rapezzi** / Professor of Cardiology, Chief of Cardiology Unit, Institute of Cardiology, University of Bologna, Italy
- A. Rigopoulos** / Cardiologist, Second Cardiology Department, University of Athens, "Attikon" Hospital, Athens
- G. Spanos** / Radiologist MSc PhD, specialized on Cardiac MR and CT, Thessaloniki
- P. Spanos** / Professor of Cardiology (Emeritus), Thessaloniki
- I. Ch. Styliadis** / Professor of Cardiology, Director of First Cardiology Department, Aristotle University of Thessaloniki, AHEPA Hospital, Thessaloniki
- G. Thiene** / Professor of Pathology, Medico-Diagnostic Sciences and Special Therapies, Medical School, University of Padua, Italy
- A. Tsatsopoulou** / Pediatrician, "Giannis Protonotarios" Medical Center, Naxos
- V. Vassilikos** / Assistant Professor of Cardiology, Aristotle University of Thessaloniki, First Cardiology Department, AHEPA Hospital, Thessaloniki

## GENERAL INFORMATION

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### **Date**

4-5 June 2010

### **Certificate of Attendance**

Certificates of Attendance will be given by the Secretariat during the last day of the Seminar.

### **Audiovisual Equipment**

The Seminar Hall will be equipped with data video projectors and PCs for the speakers' needs.

### **Registration – Accommodation**

For more information on registration and accommodation, please contact **INVENTICS Inc.**

### **Location**

Elounda, Crete

For more information: <http://en.wikipedia.org/wiki/Elounda>

**Domes Of Elounda** Hotel, Elounda, Crete

For more information: [www.domesofelounda.com](http://www.domesofelounda.com)

### **INVENTICS Inc**

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