DIVISION OF CLINICAL ENDOCRINOLOGY & METABOLISM - DIABETES CENTER 1st DEPT OF INTERNAL MEDICINE AHEPA UNIVERSITY HOSPITAL

SCIENTIFIC WORKSHOP ON VITAMIN D

VITAMIN D IN THE PREVENTION **OF HEALTH DISPARITIES** DURING ADULT LIFE MEDITERRANEAN EXPERTS MEETING



ARISTOTLE UNIVERSITY RESEARCH **DISSEMINATION CENTER (KEDEA)** THESSALONIKI / GREECE

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ΤΜΗΜΑ ΚΛΙΝΙΚΗΣ ΕΝΔΟΚΡΙΝΟΛΟΓΙΑΣ & ΜΕΤΑΒΟΛΙΣΜΟΥ - ΔΙΑΒΗΤΟΛΟΓΙΚΟ ΚΕΝΤΡΟ, Α΄ ΠΑΘΟΛΟΓΙΚΗ ΚΛΙΝΙΚΗ, ΠΓΝ ΑΧΕΠΑ

ΕΠΙΣΤΗΜΟΝΙΚΗ ΗΜΕΡΙΔΑ ΜΕ ΘΕΜΑ

**BITAMINH D** 

ΜΕΣΟΓΕΙΑΚΗ ΣΥΝΑΝΤΗΣΗ ΕΙΔΙΚΩΝ

29/9/2017

ΚΕΝΤΡΟ ΔΙΑΔΟΣΗΣ ΕΡΕΥΝΗΤΙΚΟΝ ΑΠΟΤΕΛΕΣΜΑΤΩΝ (ΚΕ.Δ.Ε.Α) ΑΠΘ *<b>ΘΕΣΣΑΛΟΝΙΚΗ* 



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## PRELIMINARY PROGRAM

08:15 - 09:00	Registration
09:00 - 09:15	Opening Remarks
09:15 - 09.30	ТВА
09:30 - 10:00	Vitamin D and neurocognition in seniors
10.00 - 10.30	Vitamin D and Athletic Performance
10:30 - 11:00	Extranuclear Vitamin D actions
11:00 - 11:30	Advanced assays for multiple forms of vitamin D to explore its role in health and disease
11:30 - 12:15	Break
12:15 - 12:45	Vitamin D deficiency among pregnant women in the Middle East
12:45 - 13:15	Vitamin D and Musculoskeletal Disorders
13:15 - 13:45	The effect of vitamin D receptors silencing on neurodegeneration
13:45 - 16:30	Lunch
16:30 - 17:00	Vitamin D and Thyroid disorders
17:00 - 17:30	Adiponectin and vitamin D-binding protein are independently associated at birth in both mothers and neonates
17:30 - 18:00	Vitamin D and Diabetes
18.00 - 18.30	Break
18.30 - 19.00	Hypovitaminosis D in Italy: relations with PTH values
19.00 - 19.30	Vitamin D basis of Alzheimer's disease: from genetics to biomarkers
19.30 - 20.00	Vitamin D status in pregnancy: A critical appraisal of available evidence

## 20.00 - 20.45 Changing the paradigm by designing vitamin D RCTs based primarily on 25(OH) concentrations

20.45 - 21.00 Closing remarks

## SPEAKERS' LIST

**Cedric Annweiler /** Associate Professor of Geriatric Medicine and Biology of Aging, Head of the Department of Geriatric Medicine and Memory Clinic, Director of the Research Center on Autonomy and Longevity, Angers University Hospital, France

**Alkiviadis Bais /** Physics Department Section of Applied and Environmental Physics Laboratory of Atmospheric Physics, AUTh, Thessaloniki, Greece

Elias Castanas / Professor of Experimental Endocrinology, University of Crete, Greece

Michalis Daniilidis / Professor of Medicine and Immunology, Medical School, AUTH, Greece

**Erdinc Dursun /** Associate Professor, Cerrahpasa Faculty of Medicine, Department of Medical Biology, Brain and Neurodegenerative Disorders Research Lab, Istanbul University, Turkey

Hana Fakhoury Hajeer / Associate Professor of Biochemistry, College of Medicine, Al Faisal University, Riyadh, KSA

**Georgios Germanidis /** Assistant Professor of Gastroenterology, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

**Duygu Gezen A. /** Associate Professor, Cerrahpasa Faculty of Medicine, Department of Medical Biology, Brain and Neurodegenerative Disorders Research Lab, Istanbul University, Turkey

**Dimitrios G.Goulis /** Associate Professor in Reproductive Endocrinology, Medical School of AUTh, Unit of Reproductive Endocrinology, 1st Dept of Obstetrics & Gynecology, Papageorgiou GH, Thessaloniki, Greece

William B. Grant / Sunlight, Nutrition, and Health Research Center, San Francisco, CA, USA

**Panagiotis Ioannidis /** Assistant Professor of Neurology, Medical School, AUTh, Greece

**Spyridon N. Karras /** Senior Research Associate, Division of Endocrinology-Diabetes, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

**Kiriakos Kazakos /** Associate Professor of Internal Medicine-Diabetes, Alexandrion Tecnnological Institution of Nursing Studies, Thessaloniki, Greece

**Kalliopi Kotsa /** Assistant Professor of Endocrinology-Diabetes, 1st Department of Internal Medicine, AHEPA University Hospital Thessaloniki, Greece

**Vasilios Liakopoulos /** Assistant Professor of Nephrology, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

Andreas Margioris / Professor of Endocrinology, Medical School, University of Crete, Greece

**Salvatore Minisola /** Department of Internal Medicine and Medical Disciplines "Sapienza" Rome University, Italy

**Declan P.Naughton /** Professor of Biomolecular Sciences, Interim Dean for Research FACULTY OF SCIENCE, ENGINEERING & COMPUTING, Kingston University, London, Great Britain

**Theodosis Papavramidis /** Assistant Professor of Surgery, Medical School, AUTh, Greece

**Stergios Polyzos /** Endocrinologist, 1st Department of Pharmacology, Medical School, AUTh, Thessaloniki, Greece

**Konstantinos Toulis /** Consultant Endocrinologist, 424 Military Hospital, Thessaloniki, Greece

Faustino Perez Lopez / Professor of Obs/Gyn, University of Zaragoza, Spain

Martha Spilioti / Assistant Professor of Neurology, Medical School, AUTh, Greece

**Maria Yavropoulou /** Consultant Endocrinologist, Division of Endocrinology-Diabetes, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

Ioannis Yovos / Professor Emeritus of Endocrinology, Medical School, AUTh, Greece

**Pantelis Zebekakis /** Professor of Internal Medicine, Head of the 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece