

DIVISION OF CLINICAL ENDOCRINOLOGY  
& METABOLISM - DIABETES CENTER  
1st DEPT OF INTERNAL MEDICINE  
AHEPA UNIVERSITY HOSPITAL

ΤΜΗΜΑ ΚΛΙΝΙΚΗΣ ΕΝΔΟΚΡΙΝΟΛΟΓΙΑΣ &  
ΜΕΤΑΒΟΛΙΣΜΟΥ - ΔΙΑΒΗΤΟΛΟΓΙΚΟ ΚΕΝΤΡΟ,  
Α΄ ΠΑΘΟΛΟΓΙΚΗ ΚΛΙΝΙΚΗ, ΠΓΝ ΑΧΕΠΑ

SCIENTIFIC WORKSHOP ON VITAMIN D

ΕΠΙΣΤΗΜΟΝΙΚΗ ΗΜΕΡΙΔΑ ΜΕ ΘΕΜΑ

**VITAMIN D**  
IN THE PREVENTION  
OF HEALTH DISPARITIES  
DURING ADULT LIFE  
MEDITERRANEAN EXPERTS MEETING

**ΒΙΤΑΜΙΝΗ D**

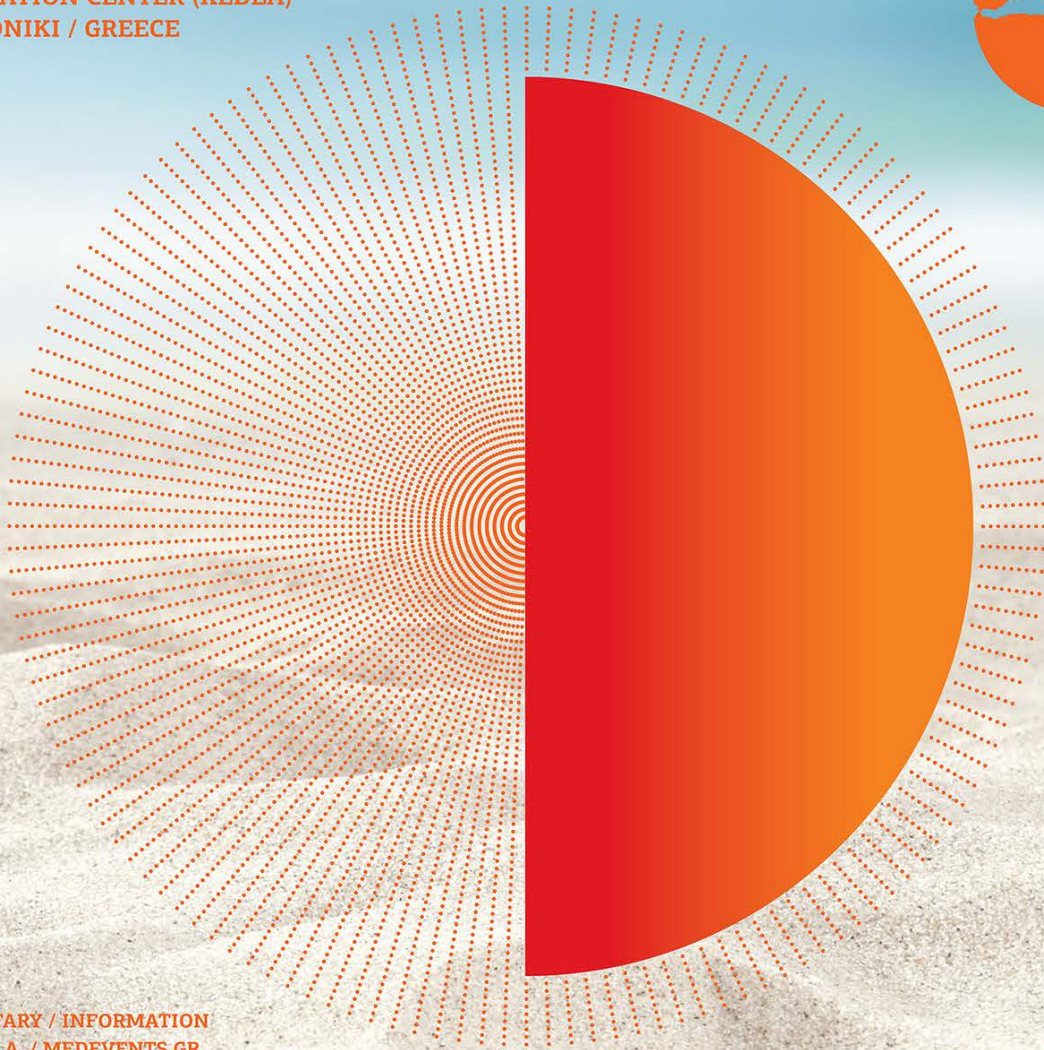
ΜΕΣΟΓΕΙΑΚΗ ΣΥΝΑΝΤΗΣΗ ΕΙΔΙΚΩΝ

**29/9/2017**

**29/9/2017**

ΚΕΝΤΡΟ ΔΙΑΔΟΣΗΣ ΕΡΕΥΝΗΤΙΚΩΝ  
ΑΠΟΤΕΛΕΣΜΑΤΩΝ (ΚΕ.Δ.Ε.Α) ΑΠΘ  
ΘΕΣΣΑΛΟΝΙΚΗ

ARISTOTLE UNIVERSITY RESEARCH  
DISSEMINATION CENTER (KEDEA)  
THESSALONIKI / GREECE



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## FINAL PROGRAM

### FRIDAY, SEPTEMBER 29, 2017

<b>08:15 - 09:00</b>	<b>Registration</b>
09:00 - 09:15	Opening Remarks
09:15 - 09:30	<b>Pantelis Zebekakis, Asterios Karagiannis</b>
09:30 - 10:00	Chairperson: <b>Kiriakos Kazakos</b>  Vitamin D and Diabetes <b>Kalliopi Kotsa</b>
10.00 - 10.30	Chairperson: <b>Georgios Germanidis</b>  Vitamin D and Athletic Performance <b>Andreas Margioris</b>
10:30 - 11:00	Chairperson: <b>John Yovos</b>  Extranuclear Vitamin D actions <b>Elias Castanas</b>
11:00 - 11:30	Chairperson: <b>Spyridon N. Karras</b>  Advanced assays for multiple forms of vitamin D to explore its role in health and disease <b>Declan P. Naughton</b>
<b>11:30 - 12:15</b>	<b>Break</b>
12:15 - 12:45	Chairperson: <b>Michalis Daniilidis</b>  Vitamin D deficiency among pregnant women in the Middle East <b>Hana Fakhoury Hajeer</b>
12:45 - 13:15	Chairperson: <b>Vasilios Liakopoulos</b>  Vitamin D and Musculoskeletal Disorders <b>Maria Yavropoulou</b>
13:15 - 13:45	Chairperson: <b>Martha Spilioti</b>  The effect of vitamin D receptors silencing on neurodegeneration <b>Duygu Gezen Ak</b>
<b>13:45 - 16:30</b>	<b>Break</b>

16:30 - 17:00	Chairpersons: <b>Theodosios Papavramidis</b>  Vitamin D and Thyroid disorders <b>Konstantinos Toulis</b>
17:00 - 17:30	Chairperson: <b>Stergios Polyzos</b>  Adiponectin and vitamin D-binding protein are independently associated at birth in both mothers and neonates <b>Spyridon N. Karras</b>
17:30 - 18:00	Chairperson: <b>Kalliopi Kotsa</b>  Vitamin D and neurocognition in seniors <b>Cedric Annweiler</b>
<b>18.00 - 18.30</b>	<b>Break</b>
18.30 - 19.00	Chairperson: <b>Pantelis Zebekakis</b>  Hypovitaminosis D in Italy: relations with PTH values <b>Salvatore Minisola</b>
19.00 - 19.30	Chairperson: <b>Panagiotis Ioannidis</b>  Vitamin D basis of Alzheimer's disease: from genetics to biomarkers <b>Erdinc Dursun</b>
19.30 - 20.00	Chairperson: <b>Dimitrios G. Goulis</b>  Vitamin D status in pregnancy: A critical appraisal of available evidence <b>Faustino Perez Lopez</b>
20.00 - 20.45	Chairperson: <b>Alkiviadis Bais</b>  Changing the paradigm by designing vitamin D RCTs based primarily on 25(OH) concentrations <b>William B. Grant</b>
20.45 - 21.00	Closing remarks (Full panel of speakers)

## **SPEAKERS' LIST**

**Cedric Anweiler** / Associate Professor of Geriatric Medicine and Biology of Aging, Head of the Department of Geriatric Medicine and Memory Clinic, Director of the Research Center on Autonomy and Longevity, Angers University Hospital, France

**Alkiviadis Bais** / Physics Department Section of Applied and Environmental Physics Laboratory of Atmospheric Physics, AUTH, Thessaloniki

**Elias Castanas** / Professor of Experimental Endocrinology, University of Crete

**Michalis Daniilidis** / Professor of Medicine and Immunology, Medical School, AUTH, Greece

**Erdinc Dursun** / Associate Professor, Cerrahpasa Faculty of Medicine, Department of Medical Biology, Brain and Neurodegenerative Disorders Research Lab, Istanbul University, Turkey

**Hana Fakhoury Hajeer** / Associate Professor of Biochemistry, College of Medicine, Al Faisal University, Riyadh, KSA

**Georgios Germanidis** / Assistant Professor of Gastroenterology, AUTH, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

**Duygu Gezen Ak** / Associate Professor, Cerrahpasa Faculty of Medicine, Department of Medical Biology, Brain and Neurodegenerative Disorders Research Lab, Istanbul University, Turkey

**Dimitrios G. Goulis** / Associate Professor in Reproductive Endocrinology, Medical School of AUTH, Unit of Reproductive Endocrinology, 1st Department of Obstetrics & Gynecology, Papageorgiou GH, Thessaloniki, Greece

**William B. Grant** / Sunlight, Nutrition, and Health Research Center, San Francisco, CA, USA

**Panagiotis Ioannidis** / Assistant Professor of Neurology, Medical School, AUTH, Greece

**Asterios Karagiannis** / Professor of Internal Medicine of AUTH, Director, 2nd Educational Internal Medicine Clinic, "Hippokration" General Hospital, Thessaloniki, Greece

**Spyridon N. Karras** / Senior Research Associate, Division of Endocrinology-Diabetes, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

**Kiriakos Kazakos** / Associate Professor of Internal Medicine-Diabetes, Alexandrion Technological Institution of Nursing Studies, Thessaloniki

**Kalliopi Kotsa** / Assistant Professor of Endocrinology-Diabetes, 1st Department of Internal Medicine, AHEPA University Hospital Thessaloniki, Greece

**Vasilios Liakopoulos** / Assistant Professor of Nephrology, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

**Andreas Margioris** / Professor of Endocrinology, Medical School, University of Crete, Greece

**Salvatore Minisola** / Professor of Internal Medicine, Department of Internal Medicine and Medical Disciplines "Sapienza" Rome University

**Declan P.Naughton** / Professor of Biomolecular Sciences, Interim Dean for Research FACULTY OF SCIENCE, ENGINEERING & COMPUTING, Kingston University, London

**Theodosios Papavramidis** / Assistant Professor of Surgery, Medical School, AUTH, Greece

**Stergios Polyzos** / Endocrinologist, 1st Department of Pharmacology, Medical School, AUTH, Thessaloniki, Greece

**Konstantinos Toulis** / Consultant Endocrinologist, 424 Military Hospital, Thessaloniki, Greece

**Faustino Perez Lopez** / Professor of Obs/Gyn, University of Zaragoza, Spain

**Martha Spilioti** / Assistant Professor of Neurology, Medical School, AUTH, Greece

**Maria Yavropoulou** / Consultant Endocrinologist, Division of Endocrinology-Diabetes, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

**John Yovos** / Professor Emeritus of Endocrinology, Medical School, AUTH, Greece

**Pantelis Zebekakis** / Professor of Internal Medicine, Head of the 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece

## **AKNOWLEDGEMENTS**

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## **GENERAL INFORMATION**

### **CERTIFICATE OF ATTENDANCE**

The certificate is marked with **7 CME/CPD credits** of continuous medical education from UEMS. The certificates will be send via email.

### **LIVE WEBCAST - VIDEO ON DEMAND**

The conference will be live broadcasted via [www.livemedia.gr/vitamind](http://www.livemedia.gr/vitamind). Videos on demand will be available after the conference.

### **PRESENTATIONS**

Computers and slide projectors will be available for presentations. Speakers are kindly requested to give their presentation to the AV reception at least two (2) hours before the presentation.

### **PCO / SECRETARY / INFORMATION**

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